

WHAT IS CWAH?

Founded in 1988, Community Women Against Hardship (CWAH) is a volunteer program dedicated to providing basic services to low-income, single parents and their families. CWAH assesses the most critical needs of each family and then provides the resources to address those needs, whether it be for food, clothing, emergency shelter, transitional housing, health and nutrition outreach, workshops to improve parent and youth relationships, or educational programs to enhance academic achievement and/or employability.

Our mission is to provide resources for change: food, clothing, access to health care, networking skills and resources, and education about personal needs.

PROGRAMS:

- Adult Computer & Job Training
- Music Education Program (The Institute for the Advancement Of Jazz Study & Performance)
- Health, Nutrition, and Gardening
- Inter-Generational Cooking Classes (for parents and children)
- G.E.D. Programs
- Transitional Housing

SERVICES:

- Counseling
- Tutoring
- Library
- Home Visits By Our Volunteer Caseworkers
- Food, clothing, and warehouse of household items

ABOUT OUR CENTER:

- Open Monday-Friday 9:00AM - 5:00PM and on Saturdays for special programs
- Office and meeting rooms available for rent with copy and fax machine available
- Our site is equipped with a pantry, boutique, music room, demonstration kitchen, computer lab, conference room, library, warehouse, multipurpose room, garden

- Families needing our services must be referred by social services and various
local agencies

"YOU CAN MAKE A DIFFERENCE!"

Community Women Against Hardship, Inc.

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